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Next Week at a glance...

Term 3, Week 2 (21st - 25th July)

Monday, 21st July   Circus Quirkus Excursion
Wednesday, 23rd July   Kindergarten Transition
Thursday 24th July   Meal Deals
                      Parent Teacher Interviews
Friday, 25th July   LNPSSA League Tag Day

Fitness sessions at YPS

K/1/2 enjoyed a visit to the park yesterday to investigate the concept of “pushing & pulling”
Welcome back to the first week of Term 3! In a very busy term we will have students performing in the Leeton Eisteddfod, KROP and the LCOPS production of SHINE. To that you can also add Education Week, plus sporting commitments and a visit from the Life Education Van. I hope everyone had an enjoyable break and has returned ready for learning.

Parent/Teacher Interviews
Parent interviews with classroom teachers will be held next Thursday, 24 July between 3.30 and 6.00 pm in the K/1/2 and Year 3-6 classrooms. This will be an excellent opportunity to discuss your child’s academic and social progress at the school after receiving their Semester One Student Report. Please find attached to the newsletter a booking slip to request an interview and a suitable time. Confirmation of interviews and times will be sent home to parents next week.

Circus Quirkus
In exciting news we have managed to secure tickets to enable the K/1/2 class to attend Circus Quirkus in Wagga Wagga next Monday, 21 July 2014. The performance has been subsidised with a donation from Wagga Wagga businesses for the tickets. Students in K/1/2 have received all details and a permission note, which must be returned to the school office by tomorrow Friday, 18 July 2014.

Kindergarten Transition Program
The Kindergarten Transition Program for prospective Kindergarten students for 2015 commenced yesterday. The program will take place each Wednesday, commencing at 12.30 pm. For any further details please contact the front office or Mrs McClymont.

Education Week
Education Week will be celebrated in Week 3 of this term, from Monday 28 July to Friday 1 August 2014. As part of Education Week celebrations, the school will host an Education Week breakfast for the school community on Tuesday, 29 July and a special Education Week Primary Assembly on Thursday, 30 August at the usual time of 10.30 am, followed by a community morning tea. The Year 3-6 girls dance group will also perform at Education Week celebrations at Griffith at KROP.

Music Program
The music program with Mrs Sgroi will continue each Friday in Term 3, to cater for the Kindergarten Transition program. Each morning Mrs Sgroi will have recorder, guitar and keyboard groups, as well as the K-6 Choir. In the afternoons Mrs Sgroi will be on Year 3-6 while Mrs Binns prepares students for their performance in SHINE.

SHINE and Leeton Eisteddfod
As you may be aware this term the school is committed to participating in both the Leeton Community of Public Schools production of ‘Shine’ and the Leeton Eisteddfod. Rehearsals for Shine are set for Monday 4 August 2014 and unfortunately clash with some sporting and eisteddfod commitments. This is inevitable given the amount of activities taking place throughout the school year. Once all dates have been confirmed details will be sent home in the school newsletter.

Outstanding Permission Notes to be returned.
- KROP Permission Note (if attached)
- Shine Permission Note (if attached)
- Circus Quirkus (if attached)

Please try and return permission notes promptly as your child may miss out on an event if we do not hold permission and we are unable to contact you.

VOLUNTARY SCHOOL CONTRIBUTIONS are now due.
$10 per term per child
$40 for the full year.
Sports Report

Year 3/4 Sport
Most of the Leeton Narrandera PSSA sporting commitments for the year have been completed. The first of this term’s sporting events will take place on Friday, 25 July 2015 with students in Years 3 and 4 having the opportunity to participate in the Leeton Narrandera PSSA Year 3/4 League Tag Gala Day. All permission notes will be sent home with students when details have been received from organisers. Students in Year 3 and 4 will also have the opportunity to participate in the following events this year:

- Year 3/4 AFL Gala Day – Friday, 5 September
- Year 3/4 Soccer Gala Day – Friday, 24 October

Riverina Athletics Carnival
The Riverina Region Athletics Carnival will be held in Albury on Monday, 4 August 2014, with Jack Cross and Raena Dixon representing the zone in the Leeton Narrandera PSSA Athletics Team.

P and C News

Unfortunately, the school canteen will again be closed until further notice. To cater for students, the Year 6 leadership team will once again provide a cooked, healthy and nutritious lunch for students each Thursday. Order forms will be sent home with students early each week and must be returned to school on Wednesday morning.

The menu for Term 3 so far will be:

- Thursday, 17 July - Spaghetti bolognaise and garlic bread
- Thursday, 24 July – Nachos, cheese, sour cream and mince
- Thursday, 31 July – Chicken kebabs and rice
- Thursday, 7 August – Chicken and pasta bake

Orders for the P & C Pie Drive must be received by Thursday, 24 July, for delivery the following Thursday, 31 July 2014. Order forms were attached to the last newsletter. Please contact the office if you need another copy.

Nutrition Snippet

The simplest way
…to bust hunger after school

Try these great fruity recipes that will keep your child satisfied until dinner time.

Raisin Toast Rippers
2 slices raisin toast
topped with banana
and a drizzle of honey.

Krazy Kebabs
Fruit skewers with watermelon, grapes, rockmelon, & strawberries, served with reduced-fat yoghurt for dipping.

Fruity Smoothie
250mls reduced-fat milk
1 handful of berries
1 banana chopped
Place into blender and mix.

For more information visit www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit

Did you know…?
Sedentary living causes over 20 different health problems including heart disease, type 2 diabetes and some cancers. Obesity can make nine different conditions worse including chronic back pain and stroke. Get active and stay healthy!
Learning to stop and think before reacting is one of the most valuable life skills a child can develop.

Know someone with a hair trigger? The smallest thing sets them off. That ‘thing’ maybe a cutting comment from someone, a nasty look or a thoughtless remark. Whatever it is, not a moment is taken to think, consider or weigh up options. They simply explode.

Anger exudes from every pore.

I know some adults like this. They are awful to live with. Their family walks on eggshells, not wanting to upset them. The trouble is, they’ve been like that since childhood.

I also know some kids like this. I wonder if their hair trigger will remain into adulthood. Such kids, who are usually highly strung, need to learn to put a space between an event (that leads to a reaction) and their response. They need to become space cadets; learning how to stop, think and act—all in a split second.

When a space cadet hears someone say something, he pauses for a split second before thinking before reacting. He stops before reacting; he thinks before reacting. He doesn’t just react. He Think, Analyze, Consider and thenReact.

Space cadets have high emotional awareness which not only leads to better responses, but also leads to better regulation of emotions and behaviour. That’s why the development of self-awareness is probably more important than the development of self-esteem. If not, it’s on a par because it’s such a valuable skill to possess.

When something evokes an unpleasant emotion (anger, frustration or anxiety), encourage kids to:

Avoid reacting impulsively. Take some deep breaths. Be calm.

Think: What happened? How are you feeling? What are you thinking?

Act: How can you best respond?


parentingideas.com.au
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<th>WEEK</th>
<th>Mon</th>
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<td>Kindergarten Transition</td>
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<td>Last Day of Term</td>
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**Primary Assembly Schedule**

**Term 3**  
Thursday, 31 July,  
Thursday, 4 September  

**Term 4**  
Thursday, 30 October,  
Thursday, 27 November

*Parents, carers and community members are invited and encouraged to attend. The assembly will commence at 10.30 am and will be followed by a community morning tea during recess.*

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**Community Calendar**

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<th>Event</th>
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<td>Yanco Village Markets</td>
<td>Sunday, 20th July</td>
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<td>Yanco Community Hall</td>
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<td>Powerhouse Museum Open Day</td>
<td>Sunday, 20th July</td>
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<td>Yanco Lions Club Meeting</td>
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<td>Yanco All-Servicemen’s Club 2nd &amp; 4th Wednesday</td>
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**BOB’S RE-USE CENTRE**

Leeton Landfill & Recycling Centre  
Thursday to Sunday  
9am to 5pm  
Enquiries: 0416 109 676

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**Please support the businesses that support us**

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**Yanco All Servicemen’s Club Limited**

P.O. Box 23, Yanco  
Ph: 02 6955 7106  
Fax: 02 6955 7290

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**Golden Apple Super Store**

P.O. Box 750, Leeton  
Yanco Road, Leeton  
Phone: 6953 2000  
Fax: 6953 2772

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**LEETON OUT OF SCHOOL CARE**

Afterschool and Holiday Care for children K - 6  
Ring Alison Wallace,  
Ph: 6953 5788

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**YANCO LIONS CLUB**

“We SERVE”